**how to play**

1. Ask your friends to guess how long you will take to complete your sponsored run, cycle or other challenge. Each guess must be different. You could also suggest they make a donation (use a collecting tin to collect your donations).
2. Keep a record of everyone’s guesses on our sweepstake poster.
3. After your challenge, present the winner with a prize and donate the remainder towards your fundraising goal.

### name | time (nearest wins)
---|---

**thank you**

We couldn’t fund pioneering cancer research projects in the UK and across the globe without you. Your support will help improve our understanding of cancer — allowing us to develop more effective treatments that you and your loved ones may rely on in future.